

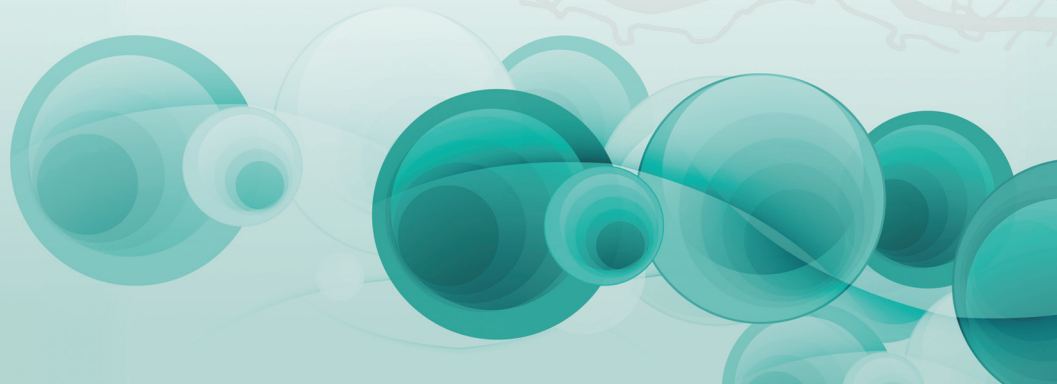
CME & UEMS-EACCME® Meeting

EMG WITHOUT PAIN:

Advanced Course on Patient-Centered Needle EMG Examination

April 20-21, 2026

Genoa, NH Marina



SCIENTIFIC RATIONALE

Electromyography (EMG) is a cornerstone diagnostic tool in clinical neurophysiology, yet patients often perceive it as an uncomfortable or even painful examination. This perception can negatively affect patient cooperation, examination quality, and overall clinical experience. The course “EMG Without Pain” has been conceived to address this challenge by promoting a patient-centered approach to needle EMG, in which technical excellence is combined with strategies aimed at minimizing discomfort and improving patient well-being throughout the entire examination process.

Held in Genoa (20-21 April), Italy, and led by internationally recognized experts, this advanced course offers a comprehensive overview of both theoretical and practical aspects of pain management in EMG, with the ultimate goal of enhancing the quality and acceptability of the examination.

The primary motivation of this course lies in the growing awareness that technical proficiency alone is no longer sufficient to ensure high-quality neurophysiological assessments. Understanding pain mechanisms, patient perception, and communication strategies is essential to optimize EMG outcomes.

The course aims to deepen participants' knowledge of the nociceptive systems involved in EMG procedures, explore the relationship between muscle morphology and pain perception, and critically assess current needle insertion techniques to determine whether less traumatic approaches are possible. Additional objectives include improving competence in managing particularly sensitive examinations, such as pediatric EMG and studies involving the face and perineum, and addressing safety aspects such as cross-contamination and other procedural risk factors. Ultimately, the course seeks to empower clinicians to perform EMG examinations that are both diagnostically accurate and respectful of patient comfort.

The scientific program integrates foundational neurophysiological concepts with applied clinical practice. Participants will explore the cutaneous and muscular nociceptive systems, the role of the autonomic nervous system and small fibers in pain perception, and how muscle structure influences the subjective experience of pain.

Practical and clinical sessions will focus on needle insertion techniques, electrical stimulation, and the use of complementary tools such as nerve ultrasound to enhance precision and reduce discomfort. Special attention will be given to EMG examinations in sensitive populations and anatomical areas, as well as to communication strategies that foster trust, reassurance, and cooperation. Hands-on workshops will allow participants to turn theory into practice, reinforcing a holistic and patient-centered approach to EMG.

“EMG Without Pain” represents an advanced educational opportunity for clinicians seeking to refine their EMG practice by integrating scientific knowledge, technical skills, and patient care principles. By emphasizing comfort, communication, and safety alongside diagnostic accuracy, the course promotes a modern vision of needle EMG—one that enhances both the patient experience and the overall quality of neurophysiological examinations.

SCIENTIFIC PROGRAMME

APRIL 20, 2026 | DAY 1

- 08.30-08.45 Participant registration
- 08.45-09.00 Meeting opening • **M. Osio**
- 09.00-10.00 The cutaneous and muscular nociceptive system
The autonomic nervous system and small fibers: focus on pain • **D. Restivo**
- 10.00-11.00 Muscle morphology: focus on the different perception of pain based on muscle structure • **M. Osio**
- 11.00-11.30 **Coffee break**
- 11.30-12.30 Approach and specificity of pediatric EMG examination • **Y. Pereon**
- 12.30-13.30 **Lunch**
- 13.30-14.30 Peculiarities of EMG examination in sensitive areas: face and perineum • **A. Lozza**
- 14.30-16.30 **Workshop**
Needle Insertion EMG examination is a less traumatic insertion possible? • **M. Osio**
- 16.30-17.00 Closing of the first day • **M. Osio**

APRIL 21, 2026 | DAY 2

- 08.00-08.15 Participant registration
- 08.15-08.30 Meeting opening • **M. Osio**
- 08.30-09.30 Electrical stimulation and pain • **F. Wang**
- 09.30-10.30 Nerve ultrasound • **L. Verga**
- 10.30-11.00 **Coffee break**
- 11.00-12.00 Cross-contamination and other risk factors • **V. Paolozzi**
- 12.00-13.00 EMG with care: enhancing comfort, communication, and the patient experience
G. Perasso
- 13.00-13.15 Conclusion and take-home messages • **M. Osio**
- 13.15-13.30 ECM/EACCME test

SCIENTIFIC DIRECTOR

Dr. Maurizio Osio
Milan (Italy)

FACULTY

Dr. Alessandro Lozza
Alessandria (Italy)

Dr. Maurizio Osio
Milan (Italy)

Dr. Vincenzo Paolozzi
Genoa (Italy)

Dr. Giulia Perasso
Genoa (Italy)

Dr. Yann Pereon
Nantes (France)

Dr. Domenico Restivo
Messina (Italy)

Dr. Lucia Verga
Milan (Italy)

Dr. Francois Wang
Liege (Belgium)



GENERAL INFORMATIONS

DATE AND VENUE

20-21 April 2026

NH Marina Genoa

Molo Ponte Calvi, 5 - 16124 Genoa, Italy

PROVIDER (N. 758) AND ORGANIZING SECRETARIAT

MICOM
COMUNICAZIONE INTEGRATA

MICOM S.r.l. - Provider ID 758

Via Risorgimento 84 - 20017 Rho (MI)

E-mail: marta.lavizzari@micom.it

Website: www.micom.it

REGISTRATION

Maximum Participants: 20

Registration Fee: € 245,90 + VAT 22%

(Total including VAT: €300,00)

How to Register: please write to

marta.lavizzari@micom.it

Important: all participants must be registered

Confirmation: confirmation of registration will be sent by the Organizing Secretariat

ACCREDITATIONS

ITALIAN ACCREDITATION (CME) • The event "EMG WITHOUT PAIN: Advanced Course on Patient-Centered Needle EMG Examination" is included in the list of definitive CME events of the training program 2026 of the accredited Provider MICOM (code ID 758). To obtain the credits, the participants must: (1) being specialized exclusively in the disciplines indicated in the program, (2) attend 90% of the scientific works (the presence will be checked by signature on register), (3) pass the learning TEST (through questionnaire); return the quality sheet received, return the completed documentation to the secretariat.

Events Code: 758-477878 Ed. I

Accredited category: Medical Surgery, Neurophysiology technicians

Main disciplines: All disciplines

Training objective: Clinical Documentation. Clinical paths for diagnostic and rehabilitative care, care profiles - care profiles (Process training area)

Maximum Participants: 20

Training hours: 11

Credits assigned: 14,3

EUROPEAN ACCREDITATION (EACCME®) • The EMG WITHOUT PAIN: Advanced Course on Patient-Centered Needle EMG Examination, Genoa, NH Marina, Italy - 20/04/2026 - 21/04/2026, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10.0 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

LANGUAGE

The official language is English.

TRAVEL & HOTEL

For information, please write to marta.lavizzari@micom.it no later than 20/02/2026.

With the unconditional support of:





EUROPEAN UNION OF MEDICAL SPECIALISTS (UEMS)
EUROPEAN ACCREDITATION COUNCIL FOR CME (EACCME®)

RUE DE L'INDUSTRIE 24, BE- 1040 BRUSSELS
T + 32 2 649 51 64
eaccme.uems.eu - accreditation@uems.eu

Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
and the Head of the Scientific/Organizing Committee)

NAME: YANN PEREON

AFFILIATION: Nantes University Hospital,

Nantes, France

In accordance with criterion 13 of document UEMS 2023.07.rev "EACCME® Criteria for the Accreditation of Live Educational Events (LEEs)", all declarations of perceived or actual conflicts of interest for the last 3 years, whether due to a financial or other relationship, must be provided to the EACCME® upon submission of the application. COI declarations signed more than 6 months before the date of the event will not be accepted. Declarations must be made available online on the event website of the LEE. Declarations must include whether any fee, honorarium or arrangement for re-imbursement of expenses in relation to the LEE has been provided.

DISCLOSURE

I have no potential conflict of interest to report

I have the following potential conflict(s) of interest to report

Type of affiliation / financial interest

Name of commercial company

Receipt of grants/research supports:

Receipt of honoraria or consultation fees:

Participation in a company sponsored speaker's
bureau:

Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:

Date: Feb 22, 2026



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(to be completed by the Medical Officer who takes responsibility for the application
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NAME: FRANCOIS WANG

AFFILIATION:

.....

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Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:



Date: 23 february 2026



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Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
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NAME: ...GIULIA PERASSO.....

AFFILIATION:PRIVATE PRACTICE.....

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Spouse/partner:

Other support (please specify):

Signature:

Date:

05.03.26



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Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
and the Head of the Scientific/Organizing Committee)

NAME: Domenico Antonio Restivo

AFFILIATION: Department of Clinical and

Experimental Medicine, University of Messina,

Italy

In accordance with criterion 13 of document UEMS 2023.07.rev "EACCME® Criteria for the Accreditation of Live Educational Events (LEEs)", all declarations of perceived or actual conflicts of interest for the last 3 years, whether due to a financial or other relationship, must be provided to the EACCME® upon submission of the application. COI declarations signed more than 6 months before the date of the event will not be accepted. Declarations must be made available online on the event website of the LEE. Declarations must include whether any fee, honorarium or arrangement for re-imburement of expenses in relation to the LEE has been provided.

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Participation in a company sponsored speaker's
bureau:

Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:

Date: March, 24, 2026



EUROPEAN UNION OF MEDICAL SPECIALISTS (UEMS)
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Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
and the Head of the Scientific/Organizing Committee)

NAME: PAOLOZZI VINCONZO

AFFILIATION: UNIVERSITY OF GONDA

In accordance with criterion 13 of document UEMS 2023.07.rev "EACCME® Criteria for the Accreditation of Live Educational Events (LEEs)", all declarations of perceived or actual conflicts of interest for the last 3 years, whether due to a financial or other relationship, must be provided to the EACCME® upon submission of the application. COI declarations signed more than 6 months before the date of the event will not be accepted. Declarations must be made available online on the event website of the LEE. Declarations must include whether any fee, honorarium or arrangement for re-imbusement of expenses in relation to the LEE has been provided.

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Receipt of honoraria or consultation fees:

Participation in a company sponsored speaker's bureau:

Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:

Date:

18/02/2025



Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
and the Head of the Scientific/Organizing Committee)

NAME: LUOLA VERGA

AFFILIATION: OSPEDALE GIACOMO PINI

In accordance with criterion 13 of document UEMS 2023/07.rev "EACCME® Criteria for the Accreditation of Live Educational Events (LEEs)", all declarations of perceived or actual conflicts of interest for the last 3 years, whether due to a financial or other relationship, must be provided to the EACCME® upon submission of the application. COI declarations signed more than 6 months before the date of the event will not be accepted. Declarations must be made available online on the event website of the LEE. Declarations must include whether any fee, honorarium or arrangement for re-imbursement of expenses in relation to the LEE has been provided.

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Receipt of honoraria or consultation fees:

Participation in a company sponsored speaker's
bureau:

Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:

Date:

Luola Verga

30/3/2026

Director's Declaration

On behalf of the Director of the CME/CPD programme and as Medical Specialist taking responsibility for the below:

Title of the : EMG WITHOUT PAIN: Advanced Course on Patient-Centered Needle EMG Examination

Venue: Genoa, NH Marina, Italy

Date: 20/04/2026 - 21/04/2026

I declare that:

- The scientific programme was developed under my supervision and responsibility, and presents a scientifically balanced perspective of the subjects included;
- This programme complies with all relevant ethical, medico-legal, regulatory, industry-based and legal requirements applicable in the country where it is being held;
- All members of the Scientific and/or Organising Committee have provided a declaration of perceived or actual conflict of interest;
- The Scientific and/or Organising Committee has determined the content of all aspects of the LEE to be free of any attempt by sponsors to influence the Committee's decisions;
- I am aware of the source and form of any commercial funding received to develop this programme and confirm that any educational material is free of any form of advertising and any form of bias;
- All faculty and other speakers at this scientific event have disclosed, or will disclose, any perceived or actual conflict of interest. This will be published, and stated at the beginning of their presentation(s);
- I will ensure that the applicable national rules, regulations and industry standards regarding exhibition areas where companies are permitted to present their products will be enforced;
- I am a medical practitioner, registered with a Medical Regulatory Authority and have provided my registration details to the EACCME®.

Name: Assoc Prof Maurizio Osio Signature



Date: 16 febbraio 2026

Registration number: 0000026831 Regulatory Authority: Provincial Register of Surgeons of MILAN



Conflict of Interest Disclosure Form

(to be completed by the Medical Officer who takes responsibility for the application
and the Head of the Scientific/Organizing Committee)

NAME: Alessandro Lozza

AFFILIATION: NONE.....

In accordance with criterion 13 of document UEMS 2023.07.rev "EACCME® Criteria for the Accreditation of Live Educational Events (LEEs)", all declarations of perceived or actual conflicts of interest for the last 3 years, whether due to a financial or other relationship, must be provided to the EACCME® upon submission of the application. COI declarations signed more than 6 months before the date of the event will not be accepted. Declarations must be made available online on the event website of the LEE. Declarations must include whether any fee, honorarium or arrangement for re-imbursment of expenses in relation to the LEE has been provided.

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I have the following potential conflict(s) of interest to report

Type of affiliation / financial interest

Name of commercial company

X Receipt of grants/research supports:

Spesamedica SPA Genova Italy

X Receipt of honoraria or consultation fees:

Merz Aesthetics Milano Italy

Participation in a company sponsored speaker's bureau:

Stock shareholder:

Spouse/partner:

Other support (please specify):

Signature:


Alessandro Lozza

Date: 24/02/2026